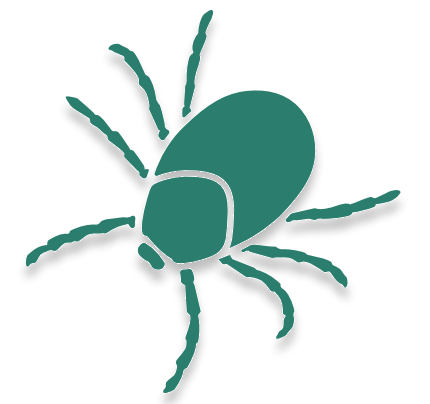




Step up your defense.

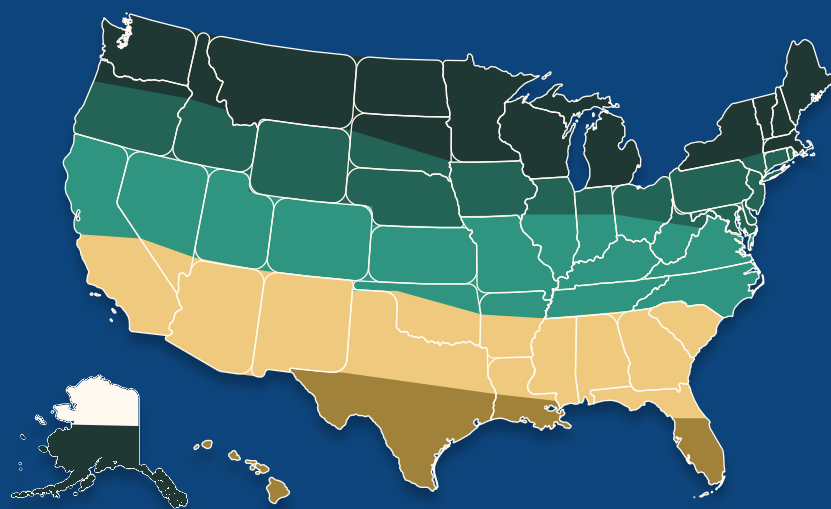
It's mosquito and tick season!



Mosquitoes:

- Lay eggs in standing water
- Can spread diseases like Zika, West Nile, Dengue, and Malaria

Mosquitoes are around as early as February and as late as November. Warm and humid areas can have mosquitoes year-round. Missouri is in the Midwest region.



- Southernmost areas: February–November
- South & Southwest: March–September
- Mid-Atlantic, Midwest & West: Early April–September
- New England, Northern Midwest & West: Late April–September
- Northernmost areas: May–September



Wear protective clothing like long sleeves, pants and socks



Replace outdoor lights with yellow “bug” lights



Use EPA–registered insect repellent



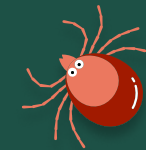
Cover gaps in your clothing where mosquitos can get to your skin



Remove standing water where mosquitoes can breed

Ticks are found all over the U.S. and can spread illnesses like Lyme disease.

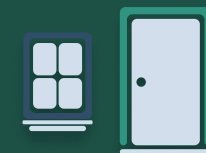
To avoid ticks:



Check for ticks after time outdoors



Use EPA–registered insect repellent



Secure building entries



Examine gear and pets



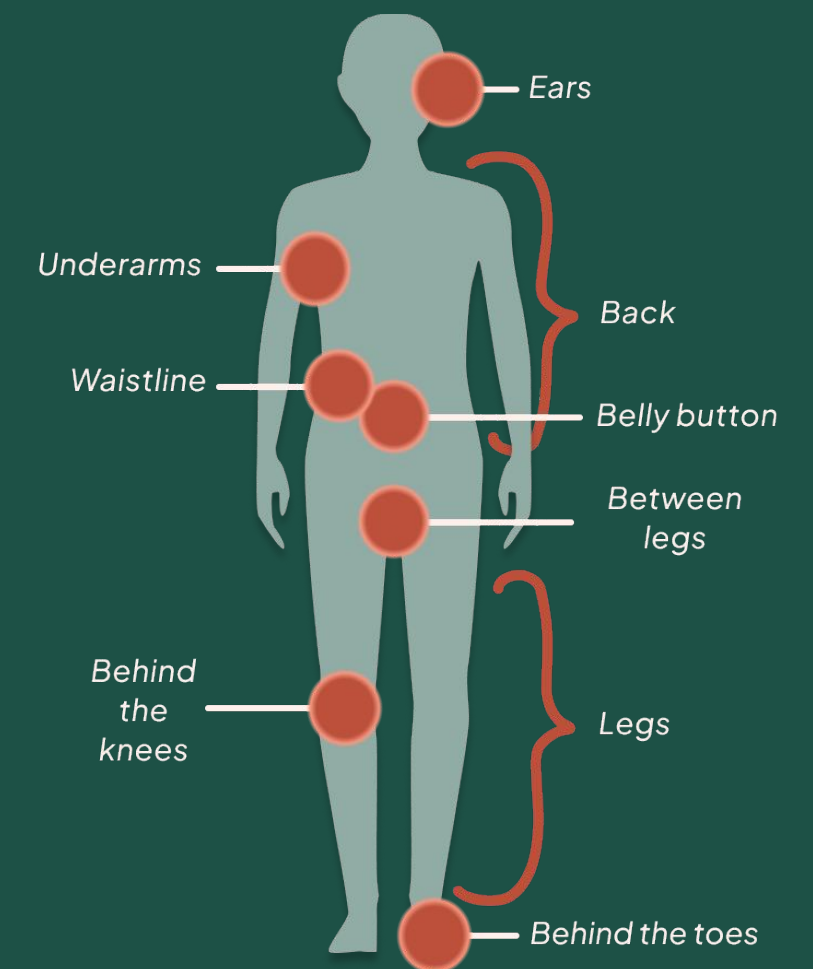
Wear protective clothing



Stay away from high grass



Where should I check for ticks?



Mosquito and tick season

iHeard St. Louis